

TRIATHLON TRAINING & *the art of multitasking*

Training, family, volunteering plus running, biking and swimming... hear how a mother of three manages to juggle it all. Please join Brooke Davison in her chat about triathlon training and how she has become an elite competitor. Please RSVP for this casual talk and join us in this opportunity to ask questions about training as well as be entered to win some great raffle prizes.

when: May 20th ~ 7pm

where: our Boulder location

cost: FREE



BOULDER
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